

The 3rd Asian Youth Athletics Championships
(15-17 March 2019)
General Information

1. Dates

15 March (Friday) to 17 March (Sunday), 2019

2. Venue

Tseung Kwan O Sports Ground

Address: 109 Po Hong Road, Tseung Kwan O, N.T.

3. Events

40 events (20 boys' events and 20 girls' events)

Events for Girls	Events for Boys
❖ Track events	
100 m	100 m
200 m	200 m
400 m	400 m
800 m	800 m
1500 m	1500 m
3000 m	3000 m
100 m Hurdles (0.762 m)	110 m Hurdles (0.914 m)
400 m Hurdles (0.762 m)	400 m Hurdles (0.838 m)
2000 m Steeplechase (0.762 m)	2000 m Steeplechase (0.914 m)
5000 m Race Walk (Pit Lane Rule will be applied)	10000 m Race Walk (Pit Lane Rule will be applied)
Medley Relay (100m-200m-300m-400m)	Medley Relay (100m-200m-300m-400m)
❖ Jumping events	
High Jump	High Jump
Pole Vault	Pole Vault
Long Jump	Long Jump
Triple Jump	Triple Jump

❖ <i>Throwing events</i>	
Shot Put (3.000 kg)	Shot Put (5.000 kg)
Hammer Throw (3.000 kg)	Hammer Throw (5.000 kg)
Discus Throw (1.000 kg)	Discus Throw (1.500 kg)
Javelin Throw (500 g)	Javelin Throw (700 g)
❖ <i>Combined events</i>	
Heptathlon	Decathlon

4. Competition Schedule – appendix A

5. Participants

Competitors whose countries are members of the AAA and complying with the Constitution and Rules of the AAA are entitled to participate in the 3rd Asian Youth Athletics Championships 2019. Each Member Federations may enter 2 competitors for each individual event. However, the host Member Federation may enter 3 competitors for each individual event. Each participating Member Federation may enter 1 team for each relay event with the maximum of 6 athletes for each team.

6. Entries

Preliminary Entry (entry by number and intention of the participating events)

The Preliminary Entry Forms for all teams must be received by Hong Kong Amateur Athletic Association by no later than **13 December 2018 (Thursday) at 2400 hours, local time.**

*NO entries will be accepted after the deadline.

Final Entry (entry by name)

The Final Entry Forms for all teams must be received by Hong Kong Amateur Athletic Association by no later than **31 January 2019 (Thursday) at 2400 hours, local time.**

*Final Entry Forms will be accepted only when Preliminary Entry Form is submitted by the deadline, i.e. 13 December 2018.

*Please revert the preliminary and final entry forms by using the Excel Format attached.

7. Doping Control

Doping control will be conducted in accordance with the IAAF Anti-Doping Regulations.

8. Medal Ceremonies

Medal Ceremonies will be held, if possible, after the completion of each event. The first to third place athletes of individual events and relay events will be awarded with the medals and diplomas. The diplomas for the fourth to eighth places athletes will be delivered to each team before the closing of the Championships.

9. Technical Meeting

Technical Meeting will be held on 14 March 2019. Details will be announced in Team Manual.

10. Entry to Hong Kong

Hong Kong International Airport (HKG) will be the official airport. This airport is well served by flights from most of the countries in the world. Member Federations should NOT plan their arrivals at other airports as the LOC will NOT make any pick-up arrangements for airports other than Hong Kong International Airport.

11. Visa Information

Hong Kong has strict regulations about who needs a visa to enter Hong Kong. If you are a citizen of a country that requires a HK visa you will NOT be allowed to enter Hong Kong without one.

Countries Requiring a Visa

Please refer to Appendix B, which lists all the AAA Member Federations whose nationals required a visa to enter Hong Kong. The LOC will prepare the letters and send them to necessary Members Federations at the time of the Final Entries. Teams should return their requests for visa invitation letters to LOC as early as possible and at the latest by the Final Entry deadline.

12. Accreditation Card

Accreditation card will be prepared for security reason.

13. Accommodation

The following hotels are assigned for the competition.

Headquarters Hotel for AAA Officials

Crowne Plaza Hong Kong Kowloon East

(<https://www.ihg.com/crowneplaza/hotels/us/en/hong-kong/hkgtk/hoteldetail>)

Athletes' Hotel

- Regal Riverside Hotel

(<https://www.regalhotel.com/regal-riverside-hotel/en/home/home.html>)

- Hong Kong Sports Institute

(<http://www.hksi.org.hk>)

14. Payments for Extra Officials & Athletes

For teams, the LOC will provide free board and lodging in a twin or triple room to the participating teams in accordance with the quota approved by the AAA for the during of 5 nights starting from 2 days before the Championships and 1 day after the Championships, i.e. arrive on 13 March and depart on 18 March. Accommodation costs for members outside of quota, for single room occupancy and for stays outside the specified period, are at the charge of the Member Federation. One team leader from each team will be accommodated in a single room.

*The additional cost for extra officials & athletes will be charged as follows:

- Single Room USD 220 / person / night
- Twin/Triple Room USD 190 / person / night

*The above price includes 3 meals and local transportation to official functions

Invoice based on the information submitted on the Final Entries will be sent to each federation. You are requested to settle on either on the following ways:

- Credit Card
- Bank transfer
- Cash upon arrival (ONLY if the above 2 ways are not possible)

AD cards and number bibs will be given upon arrival at the hotel, but only when all the payment for the extra accommodation costs of the team have been settled.

15. Team Rooms

Physio Room – There will be NO physio room at the hotel. You need to make your own reservation in advance at your own cost if you need a physio room.

Meeting Room – Please make reservation at the information counter of the hotel if you need a Meeting Room. The cost of the room will be borne by the team, and the availability of room is not guaranteed.

16. Travel Insurance

Each Federation is responsible for their own insurance to cover all unforeseen illness, injury or accident before departure for Hong Kong.

17. Contact

Hong Kong Amateur Athletic Association

Mr. Dennis Ng, General Secretary

Mr. Derek Chan, Senior Manager (Events & Technical Support)

Email: 2019ayc@hkaaa.com

Office Tel: +852-2177 1925

Important Dates

Preliminary Entry Deadline	13 December 2018 (Thursday)
Final Entry Deadline	31 January 2019 (Thursday)
Arrival of Teams	13 March 2019 (Wednesday)
Technical Meeting	14 March 2019 (Thursday)
Opening Ceremony	15 March 2019 (Friday)
Closing Ceremony	17 March 2019 (Sunday)
Departure of Teams	18 March 2019 (Monday)

*Time table will subject to change according to the number of entries

*Team Manual will be sent out ab out two months before the Championships